

Audit

Let's do an evaluation in which you create communication opportunities. For each of the following statements, choose either Consistently (C), Often (O), Inconsistently (I) or Never (N).

	C	O	I	N
1. I acknowledge when my child does something that is positive and I give him full credit for that event.	4	3	2	1
2. I acknowledge when my child does something that is negative and I try to understand her feelings.	4	3	2	1
3. When my child achieves something, I like to review without criticism his thinking, intentions and the behavior that brought about the results.	4	3	2	1
4. When my child achieves something negative, I like to review the thinking, intentions and behavior that brought about the negative results.	4	3	2	1
5. Can your child name five good qualities of himself or herself to you? Can you affirm them?	4	3	2	1
6. Can you describe your child's feelings?	4	3	2	1
7. Can you and your child reach an understanding of your intentions and behaviors?	4	3	2	1
8. Do you and your child talk on a daily basis?	4	3	2	1
9. Do you and your child recognize each other's feelings and purposes or someone he or she can envision as examples of success?	4	3	2	1
10. Do you recognize your child's definition of success?	4	3	2	1

Scoring: If for any item you chose 3, that behavior should go to the head of your to-do list. And if you chose less than 3, it becomes a must-do.